

PRIMA

REDEFINING LEADERSHIP, GROWTH AND SUCCESS



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ATC 2024 Participation



Sprint Oil & Gas Services proudly co-sponsored ATC 2024 under the theme "Exploring Frontiers and Revitalizing Mature Basins of Pakistan." The Sprint team conducted a technical session, showcasing innovative solutions for sustainable energy exploration. Engaging with industry leaders, the company contributed to discussions on enhancing Pakistan’s oil and gas sector. Sprint’s booth attracted significant attention, reinforcing its expertise in revitalizing mature basins.

Additionally, the Chief Executive Officer, Mr. Hossam A Elmoneim, along with Regional Technical Manager, Mr. Arif Yousuf, attended ATC 2024, further reinforcing strategic collaborations and partnerships



KSA

Expanding Rigless Service Capability

Sprint successfully executed a coiled tubing intervention campaign in KSA with “O” NPT and 100% operational efficiency, demonstrating strong technical and operational performance. A new Stimulation and Injection Services (SIS) campaign with SAWCOD is underway, alongside expanded high-pressure services. In a major milestone, our team successfully executed a high rate injectivity job, achieving 40 bpm pumping with no Lost Time Incidents or Non-Productive Time. Sprint remains committed to safe, reliable, and comprehensive well services across the Kingdom.

PAKISTAN

Successful Cementing in Loss-Prone Formation Using a Combination of WellSHIELD and Light Weight Technology Integrated with MPC

SPRINT's proposed engineering approach combined WellSHIELD, lightweight slurry, and Managed Pressure Cementing (MPC) to overcome a weak sandstone formation during the 11-3/4" liner cementing. Following total losses in the 13-3/8" section and successful placement of squeeze plugs using thixotropic technology, this integrated strategy enabled safe cement placement with zero losses and a 2.19 SG EMW SBT, ensuring strong TOC and support for continued drilling.



UAE

2,000 LTI-Free Days on QMS-AL BAHIA

SPRINT has achieved 2,000 LTI-free days onboard QMS-AL BAHIA, highlighting our strong commitment to offshore safety and operational excellence. The milestone was celebrated with ZMI and ADNOC Offshore, recognizing the joint effort. This success reflects disciplined procedures, proactive risk mitigation, and high HSE awareness.

100%
HSE

2000 LTI FREE DAYS CELEBRATION

QMS AL BAHIA
14-FEB-2024

QMS AL BAHIA HAS OPERATED LTI FREE FOR:

DAYS	HOURS	MINUTES	SECONDS
2000	8	03	10

DSL – MUSTAFA AHMED EL GAMAL
OIM– VITALII TKACHENKO

100%
HSE

ADNOC
ADNOC

ABU DHABI NATIONAL OIL COMPANY

QMS-AL BAHIA 2000 LTI FREE CELEBRATION /
DSL AND CAPTAIN PRESENT T SHIRTS TO ALL CREW ON BOARD





HR Department Kicks Off 2025 with a Strong Start!

The HR Department hit the ground running in the first months of 2025, making a significant impact at two of the top universities in the UAE. Sprint was proud to actively participate in key events that allowed us to connect with young, talented individuals and share the exciting opportunities at our company.

Job Fair : University of Sharjah
January 22-23,2025

Under the esteemed patronage of His Highness Sheikh Sultan bin Ahmed Al Qasimi, Deputy Ruler of Sharjah and President of the University of Sharjah (UoS), the university hosted its First Alumni International Conference on January 22–23, 2025, at the University City Hall. The event, themed “Empowering Employability in the Era of Artificial Intelligence,” focused on the opportunities and challenges graduates face in the AI-driven workforce. Sprint was honored to be part of this prestigious event, which brought together various institutions, organizations, and companies. This platform enabled us to engage with young talent and introduce them to the vibrant career possibilities at Sprint.



Job Fair: American University of Sharjah
February 17, 2025

On February 17, 2025, Sprint proudly participated as one of the Sponsors of the annual AUS Career Fair. This event presented an excellent opportunity for both students and alumni of the American University of Sharjah to explore career pathways. Alongside other leading organizations, Sprint was able to showcase the diverse opportunities within our company and connect with promising young professionals eager to take the next step in their careers.



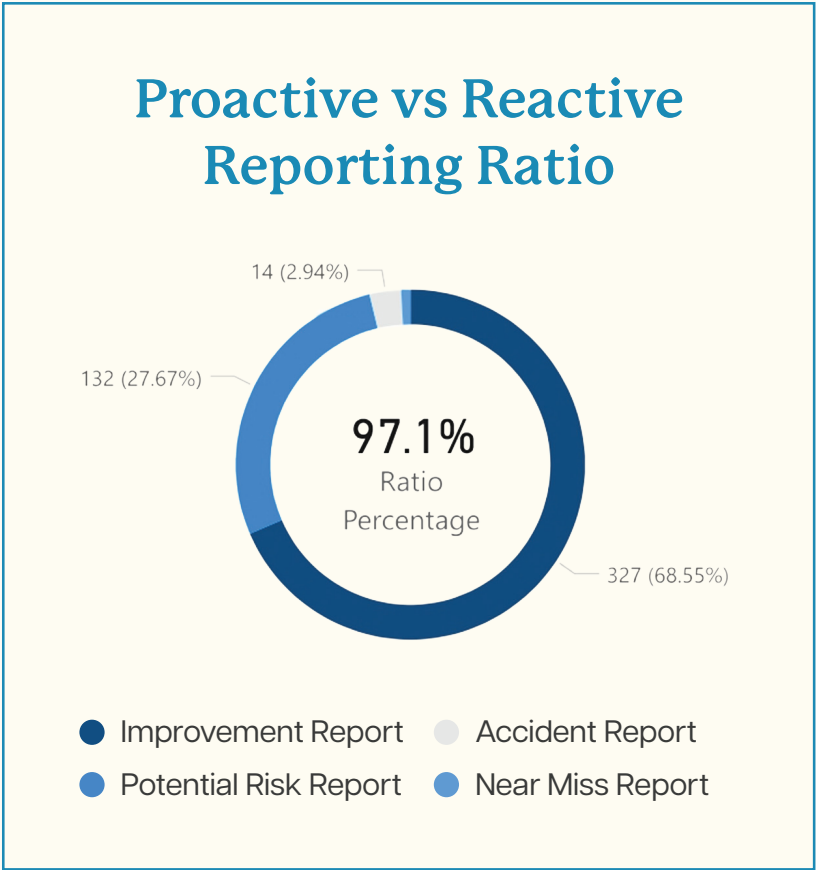
Proactive Safety, Stronger Sprint – Zero LTI Achieved!

Sprint is driving QHSE excellence with a proactive, technology-driven approach to risk management and compliance.

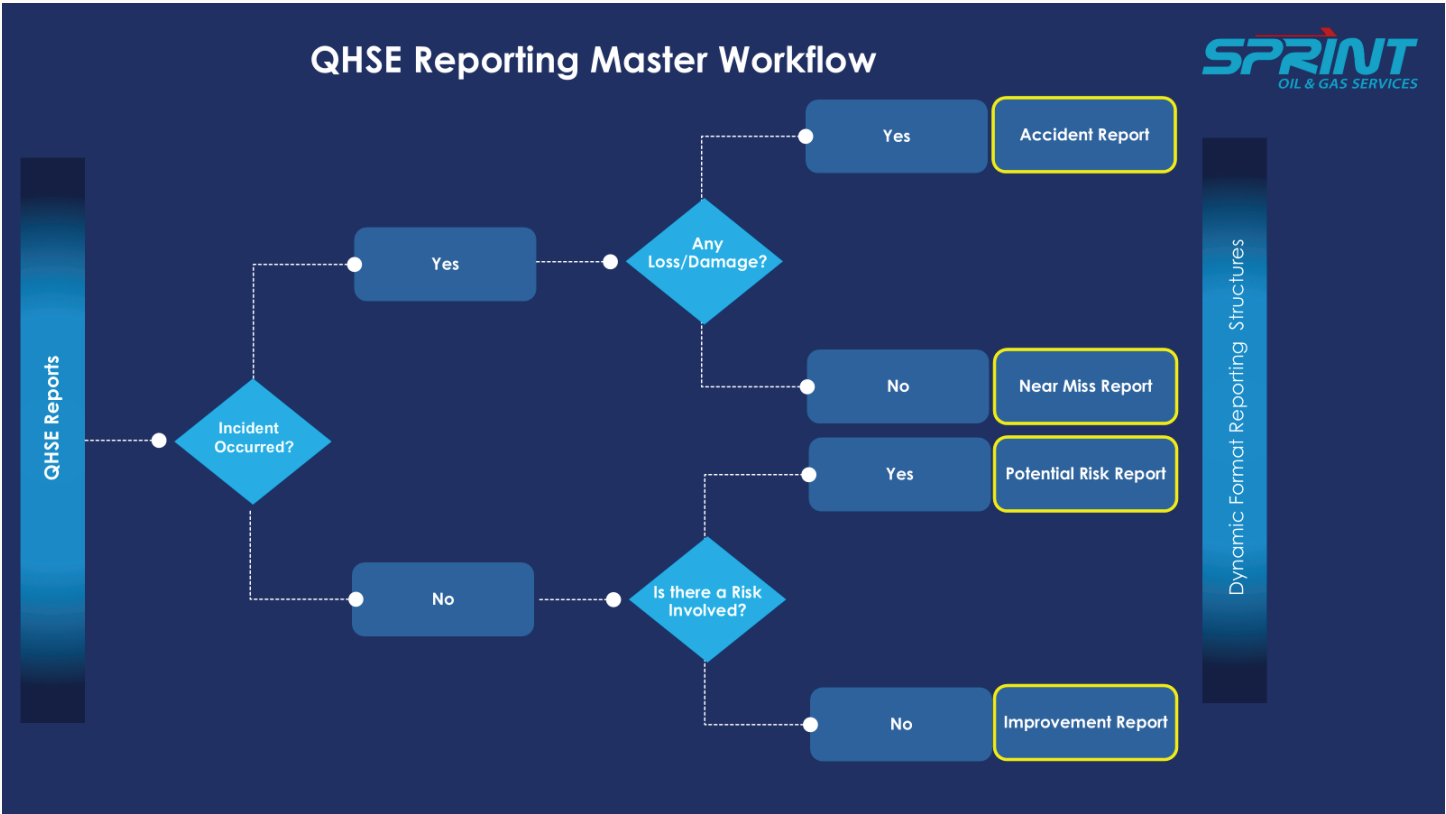
Risk-Based Training
targets high-impact risks, closing competency gaps before incidents.

Power BI Analytics
enables real-time risk assessment & data-driven safety decisions.

Digital Transformation in QHSE Reporting
enhances incident tracking, proactive reporting, and compliance automation.



By embedding advanced analytics and automation, Sprint is building a future-ready QHSE framework that prevents risks, strengthens efficiency, and drives continuous improvement.



UAE

- ZERO LTI recorded this quarter.
- Security improvement: Camera installation is in progress to improve security and comply with Sharjah police requirements.
- H2, 2024 Best RR and SQR awards given to Matloob Ahmed and Kiran Kumar.



PAKISTAN

- Zero LTI & Major Incidents this quarter.
- Road Safety: Trained 10+ drivers in load securing, DDC, and commentary test drives.
- Contractor Compliance: Audited six contractors to align with Sprint's standards.
- 01 Interactive Session on Incident Reporting & Investigation System was held, for Sprint Line Management.
- QHSE Power Apps Training: Conducted hands-on QHSE Power App training for operations crews.

IRAQ

- Zero LTI & Major Incidents recorded this Quarter.
- QHSE Awards: Mariwan Muhsin and Mohammed Yasin honored for outstanding performance.
- Security Enhancement: Electrical lines adjusted to ensure continuous camera operation.
- Safety Training: Focused on PPE, Golden Rules, PTW, Pinch Points, and Safe Driving.



KSA

- Zero LTI & Major Incidents recorded this quarter.
- ISO 9001 & ISO 45001 Re-Certification successfully passed.
- 02 Interactive workshops/Session on Incident Reporting & Investigation System for all Sprint Employees was held during this quarter.
- Winter Safety Campaign: Deployed Thermal PPE & 02 Winter Safety Awareness Session.
- Chemical Safety: Secondary Containments Improved & chemical storage shelters added.
- Fire Safety: Facility Fire risk assessment Conducted & expanded addressable fire alarms.
- Contractor Safety: ensured through three audits and a safety induction program.





NAVID KHAN Finance Director

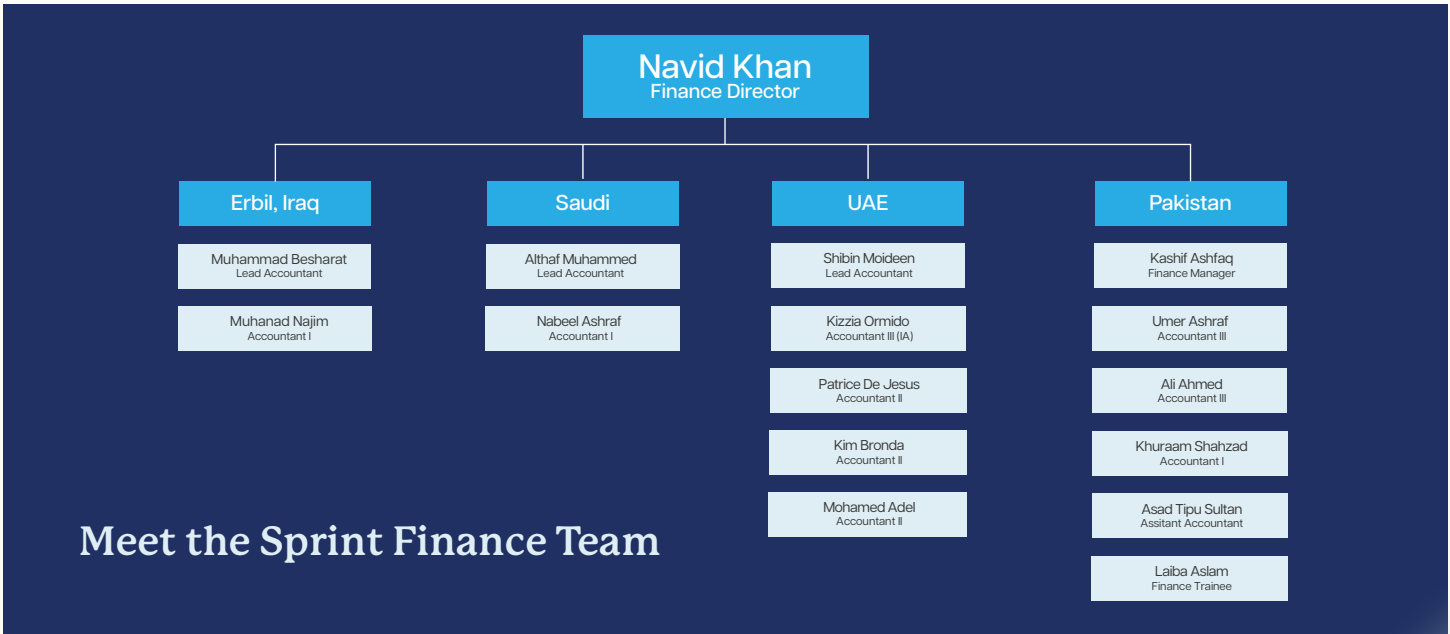
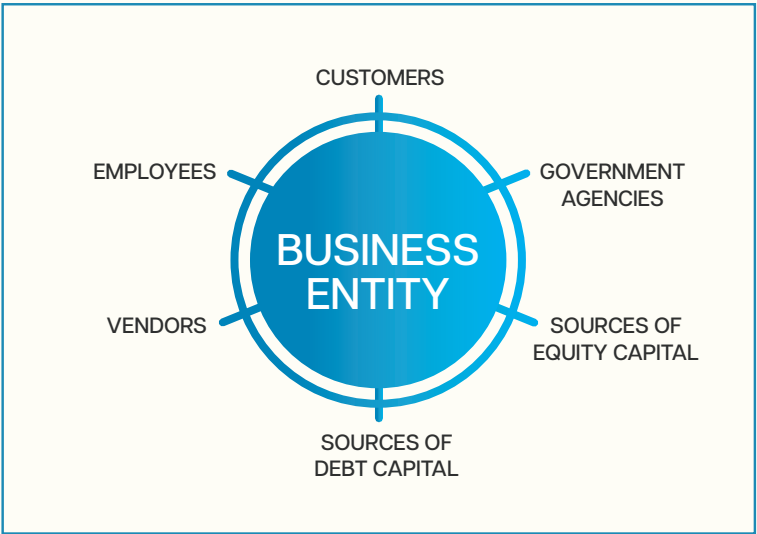
How often do you perform personal financial health checks? Do you regularly review your savings, investments, and debts to ensure you’re on track for your goals? Do you identify red flags like lack of emergency fund, getting overdue penalties on your credit cards, spending more than you earn, or high investments on properties that aren’t easy to turn into cash quickly (non-liquid assets)?

What tools do you use (excel, mobile applications, etc.) for budgeting and managing debt? Just like personal finance, a company's health and performance are closely monitored. This involves making smart financial decisions, ensuring smooth operations, and effectively managing funds to invest in the company's future for growth and success.

Unlike personal finance, businesses however encompass broader perspective and have interactions with different groups of stakeholders. This includes customers, government agencies, shareholders/owners, banks, vendors and its employees among others. In all these interactions, finance is present and is one of utmost importance.

Therefore, Finance is a vital component and the foundation on which a company’s success is built.

As a business function, finance is responsible for overseeing acquired funds, managing existing resources, and planning for future in order to meet the needs, overall goals and objectives of an organization. Therefore, we can say that finance passes through every part of a firm’s operations. Simply put, without finance, there is no business.



Meet the Sprint Finance Team

The Role of Sprint Finance Department

The Sprint finance department is the business unit that is responsible for ensuring the efficient financial management and financial controls necessary to support all business activities and driving business strategy to achieve organizational objectives.

The department prepares financial statements, which provide a snapshot of the company's financial health, A company's financial statement tells the story of its performance and helps stakeholders make informed decisions.

Let's take a closer look on roles played by Sprint Finance Department:

Treasury and Risk Management

Manages efficient provision and use of funds. Identifies, evaluates, and develops risk mitigation strategies. It aims to prevent exposing the company to any kind of risk.



Tax Management

Ensures that the company complies with tax laws and regulations.

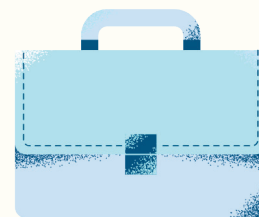


Financial Insights and Reporting

Turns raw accounting records into Financial Statements and insightful information that are easily understood by readers and that guides executives of business strategies for the future of company.

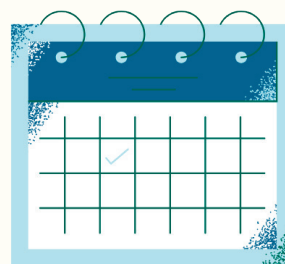
Budgeting and Long Term Planning

Budgets are created as part of financial planning strategy, and preparing backup measures, making educated decisions about things like HR, investments and asset acquisition etc.



Financial Accounting

Records financial transactions in accounting system to shape into the info for decision-making process, financial plans and for various regulatory requirement.



Securing Long Term Funding and Managing Equity

Guides and secures best mix of debt and equity financing to contribute to the realization of company's vision.

Sprint Finance Initiatives

To achieve these objectives, finance team is in constant search for improvement in systems, process, and recording. Projects implemented in 2024 include SAP consolidation and integrated intercompany transactions, in-house data back-up, MIS reporting dashboards, e-invoicing in Saudi Arabia, and others. Further, the team has readied for the implementation of Corporate Tax in UAE where Transfer Pricing policies and benchmarking analysis have been done.



ALLAN ROSS

Business Development Manager
Sprint Saudi

How long have you been in the oil field?

36 years

How has your career progressed at Sprint?

I joined Sprint 4 years ago as a consultant in a business advisory role, which later transitioned into a Business Development Manager position when I officially onboarded with the company. It has been an exciting journey working with the team to drive growth and expand Sprint's presence in KSA.

Advice for field employees?

How does Sprint compare to other companies?

Unlike the larger companies I've worked for, where employees often feel like just a number, Sprint truly values individual contributions and ideas. The strong teamwork and supportive environment make it a great place to work, where employees are genuinely appreciated.

What's the most rewarding part of your role?

Driving growth, building client relationships, and expanding Sprint's market presence.

Most memorable experience at Sprint?

Setting up the operational base in KSA—With a startup mindset and a tight timeline, the team did a fantastic job. The base was entirely designed by our employees, without the involvement of draftsmen or architects. It was a true display of teamwork, where everyone contributed valuable input and ideas, resulting in a well-functional setup.

- **Prioritize Safety** – Your well-being comes first. No task is worth the risk. Follow protocols, speak up about hazards, and watch out for each other. Your health matters most.
- **Respect Others** – Treat colleagues as you'd like to be treated. Kindness and empathy build trust, making tough days easier and teamwork stronger.
- **Be Honest** – Mistakes happen. Own them, stay transparent, and work together to solve issues. Integrity strengthens trust and growth.
- **Stay Curious** – Keep learning. The field evolves, and adapting to new skills and technologies makes you a stronger, more valuable team member.



intern

Saif Shah

Petroleum Engineer Intern,
Sprint Pakistan

Hi! I'm Saif Shah, a recent petroleum engineering graduate from BUITEMS University. I had the opportunity to intern at Sprint Oil and Gas Services Pakistan, where I gained hands-on exposure to industry practices across multiple departments, enhancing my technical knowledge and professional skills.

During my internship, I rotated through four key departments – PPS, WIS, Maintenance, and Lab—gaining valuable experience. Under the mentorship of Mr. Tariq Akbar in PPS, I learned about process flow and precision in planning. Mr. Shumail Ahmed in WIS taught me well intervention techniques and efficient execution. Mr. Waleed Ch. in Maintenance guided me on equipment functionality, troubleshooting, and preventive maintenance. Mr. Muhammad Imran in Lab helped me understand testing procedures and quality control measures.

Throughout my time at Sprint, I actively engaged in learning operational workflows, safety protocols, and QHSE standards, which are critical in ensuring efficiency and sustainability in the energy sector. My mentors were key to my growth, offering guidance, feedback, and industry insights that enhanced my problem-solving and technical skills.

This internship was transformative, providing industry-relevant knowledge and hands-on experience in multiple departments. I'm grateful to Sprint Oil and Gas Services for fostering a learning-driven environment and strengthening my foundation for future opportunities.

VOICE FROM THE FIELD

My name is Mutaz Mhabesh, and it has been 10 years since I started my journey in the oil field industry. Looking back, the past years have been full of challenges, growth, and valuable experiences that have shaped both my career and my character.

The last six years have been especially rewarding, as I've had the privilege of working with New Line Sprint as a Barge Coordinator on offshore jack-up barges. Taking on this role was a turning point in my career. I've been part of many rigless offshore well operations, where I coordinated between teams, ensured safety standards, and helped execute well operations smoothly and efficiently. This experience has pushed me to develop my leadership, problem-solving, and technical skills in ways I never expected.

My first assigned barge was QMS Lulwa, which I consider my second home. I had many memorable moments there, especially with the pumping team. We faced many challenges together, but none were tougher than the COVID period. Being stuck on the barge for months was mentally and physically exhausting, but with the strong support from management and the incredible teamwork of my colleagues, we managed to deliver our services to the client perfectly.

One of the most rewarding parts of my journey has been the people I've worked with. The teamwork and resilience I've seen from my colleagues have been truly inspiring.



Mutaz Ghasan

Barge Coordinator, Abu Dhabi - Sprint

Elevating Industry Standards: Successful Completion of FOS-I Training at Sprint Training Center, Dammam

Sprint Oil & Gas Services is proud to announce the successful completion of the Field Operations Standards - FOS-I Training Program, a key initiative aimed at enhancing technical proficiency and operational excellence.

Held at the Sprint Training Center in Dammam Base, KSA, this six-week intensive course ran from January 19 to February 27, 2025, bringing together a diverse group of engineers and technicians from Pakistan, UAE, and Saudi Arabia. Designed to provide both theoretical insights and hands-on experience, the program focused on equipping participants with industry-best practices in field operations.

This achievement is a testament to Sprint Oil & Gas Services' commitment to workforce development and innovation in the energy sector. We extend our gratitude to our dedicated instructors, training coordinators, and, most importantly, the participants who engaged with enthusiasm and determination.

As we move forward, Sprint Oil & Gas Services remains committed to delivering high-quality training programs that empower professionals and drive operational excellence. Stay tuned for more updates on our upcoming training initiatives!



Enhancing Skills & Safety: IWCF Level 4, Permit to Work (PTW), Rigger and Banksman Critical Lifting Training

In Q1 2025, Sprint PAK conducted three comprehensive training sessions—IWCF Level 4, Permit to Work (PTW), and Rigger and Banksman Critical Lifting training—demonstrating our commitment to professional development and workplace safety.

The IWCF Level 4 training strengthened well control expertise, while PTW reinforced safety protocols for high-risk tasks. Additionally, the Rigger and Banksman Critical Lifting Training focused on safe lifting practices, ensuring compliance with industry standards.



Sprint Champion

We are proud to recognize the exceptional contributions of our team members who have gone above and beyond in their roles. Their dedication, leadership, and excellence have significantly impacted our success. Join us in celebrating these Sprint Champions from UAE, Saudi Arabia, Pakistan, and Erbil, whose hard work and commitment inspire us all!



Vini Sujin Dhas
UAE



Umer Ashraf Khan
PAKISTAN



Mohannad Abdulkhaliq Najim
IRAQ



Ali Hussain H Alnathiri
SAUDI

2024 Employee of the year



Umer Ashraf Khan PAKISTAN

We are delighted to present the 2024 Employee of the Year, Mr. Umer Ashraf Khan, from Sprint's Pakistan branch. Mr. Umer has been with us since September 2013, serving as an Accountant III.

Among 16 Sprint Champions across all Sprint locations in 2024, Mr. Umer was selected as Employee of the Year for his exceptional dedication, unwavering commitment, and outstanding contributions to achieving the critical DSO target for the Pakistan branch in 2024.

Through his proactive approach, timely and effective communication, and diligent follow-ups with clients, Mr. Umer played a pivotal role in securing a record-breaking collection in 2024 - the highest in over a decade. His relentless efforts and perseverance culminated in the highest monthly collection in five years, achieved in December 2024 alone. Umer's accomplishments extend beyond mere numbers; he has demonstrated a deep understanding of our clients' needs and fostered strong relationships. His exceptional performance has not only helped surpass the DSO targets but also paved the way for Sprint PAK's remarkable milestone.

Service Recognition Awards

We are proud to celebrate the dedication and commitment of our team members in Sprint who have reached significant milestones in their careers. Employees with 5, 10, 15, and 20 years of service have been recognized for their exceptional contributions. These achievements reflect their unwavering support and dedication, which play a key role in Sprint success. We commend their hard work and look forward to many more years of growth and collaboration.



International Women’s Day

On this International Women’s Day, Sprint proudly celebrates the incredible contributions of our talented female professionals across all locations. Their dedication and expertise are vital to the company’s success.



Let’s hear from one of **Sprint’s female pioneers** as she shares her journey and experience with the company.

Celebrating Women’s Day at Sprint: My Journey



JEN RODRIQUEZ HR Generalist
Dubai - Sprint

In celebration of International Women’s Day, I am honored to share my journey at Sprint. As the first female employee, I felt welcomed rather than intimidated, thanks to the company’s inclusive and supportive culture.

What I like about Sprint is that it prioritizes safety, implementing strong policies that protect all employees, regardless of gender. Comprehensive training on harassment, discrimination, workplace ethics and etc. fosters a respectful work environment.

Cultural diversity is embraced, and inclusivity is evident in thoughtful initiatives like granting a day off on Christmas to celebrate with loved ones. Career growth is equally accessible to women, with clear progression paths reviewed annually. Additionally, Sprint’s grievance policy is easily accessible via the HR Portal and regularly highlighted in newsletters.

Seeing more women join the workforce over the years has been fulfilling. As I approach my ninth (9th) year with Sprint, I look forward to continuing this journey and supporting the growth of women in the industry.



Health and Wellness Initiatives

Orange Party

The Orange Party at Sprint in January 2025 was a vibrant celebration under the Health & Wellness Initiatives, promoting positivity and employee well-being. The event featured healthy refreshments, engaging team activities, and an energetic atmosphere, encouraging a refreshing start to the year. Employees embraced the theme with enthusiasm, fostering a culture of wellness and camaraderie.

Hit the Balloon with darts

At the Orange Party 2025, employees enjoyed the thrilling 'Hit the Balloon with Darts' game, filled with surprises and friendly competition. The game sparked excitement, laughter, and team bonding, making it a highlight of the event.

Company Annual Parties

Pakistan Team Annual Dinner

The Sprint Oil & Gas Services Annual Dinner 2024 was a night of celebration, appreciation, and team bonding. The event featured a mix of engaging activities, including fun employee games and a heartfelt farewell for Saad Yousaf Khokhar. The 20-year excellence speech by the Country Manager highlighted the company's journey and future vision, while the annual gift card distribution recognized employees' dedication.

Sprint's Iftar Dinner 2025: A Celebration of Unity

In the spirit of Ramadan, Sprint Oil & Gas Services hosted a special Iftar Dinner, bringing together employees and leadership in a warm and festive gathering. The evening fostered unity, gratitude, and camaraderie, reflecting Sprint's inclusive culture.

Attendees broke their fast with a delicious spread, engaging in meaningful conversations that strengthened professional bonds. This event highlighted Sprint's commitment to appreciation, connection, and cultural harmony, reinforcing the values that define our workplace



WELCOME ONBOARD!

We are excited to welcome our newest team members across all Sprint Oil & Gas locations. As you embark on this journey, we look forward to your contributions and shared success. Welcome aboard!

PAKISTAN

1. Muhammad Taha Anwer (Assistant Operator)

2. Zaigham Abbas (Senior Service Supervisor)

3. Muhammad Luqman (Service Technician)

4. Farrukh Latif (Camp Boss)

5. Muhammad Sajid (Assistant Operator)

6. Ali Ashir (Mechanic Technician Trainee)

7. Syed Muhammad Huzaifa (Service Technician)

8. Syed Ahmad (Assistant Operator)
9. Shahzaib Sarfaraz (Service Technician)

10. Muhammad Atif (Senior Service Supervisor)

11. Laiba Aslam (Finance Trainee)

12. Farmal Fajar (HR Trainee)

13. Shahkar Rahim (Assistant Operator)

14. Ikhtiar Ali (Assistant Operator)

15. Ramzan Shah (Assistant Operator)

UAE

1. Rangga Tirta Prayitno (Barge Coordinator)

2. Yossef Mohsin (Field Engineer Trainee)

3. Mohamed Abdelkarim Eltohamy (Field Engineer Trainee)

UAE

Baby Name:
Zylan Alfie Victorino
Son of Jan Albert

Baby Name:
Keethan Oddukathil
Son of Nibin Oddukathil

Baby Name:
Isa Aziz
Son of Aziz Ur Rehman

PAKISTAN

Baby Name:
Amal Khawar
Son of Khawar Mushtaq

IRAQ

Babies Name:
Abeeha Fatima
Zunaisha Fatima
Daughters of
Rana Umar Shahzad

NEW BORN BABIES



NEWLY WEDS

Congratulations to the newlyweds from Sprint Oil & Gas Company!
Wishing you and your wives a lifetime of love, happiness, and prosperity as you embark on this beautiful journey together.

IRAQ

- Kaiwan Sleman Abdullah & Mrs. Abdullah

Abdullah Abubaker Abdullah & Mrs. Abdullah

KSA

- Ahsan Shafique & Mrs. Shafique

Muhammad Sheezan & Mrs. Sheezan



Celebrating our Team’s Special Day!

To all our incredible employees across all Sprint locations—
wishing you a wonderful and joyful birthday!

PAKISTAN

January

Faryad Ali
Tariq Nazir
Abouzer Ghaffari
Saddam Hussain
Janbaz Ali
Haris Bin Javed Iqbal
Muhammad Shafqat Abbas
Arif Ali
Khurram Shahzad
Imtiaz Ali
Aurangzeb Qazi
Awais Khan
Amir Ali
Usman Ali
Abdullah Asfand
Saad Khalil
Zain Ul Abideen
Raja Inzamam Hussain
Abdul Asad
Muhammad Javaid
Muhammad Sudais

Muhammad Luqman
Muhammad Haroon Khan
Faheem Shah Syed
Muhammad Sajjad
Tanveer Ahmed
Muhammad Faisal
Syed Israr Ahmed Shah
Humayun Faizan
Shah Faraz Ahmed Khan
Mushtaque Ahmed
Javed Ali Malik
Saleem Masih
Ramzan Shah

February

Adalat Khan
Raja Umair Sarwar
Khawar Mushtaq
Soban Amin
Muhammad Waleed Chaudhry
Nihal
Hamza Ali

Muhammad Musa
Saddar Uddin
Farhan Bashir
Shuja ul Hassan
Shahzaib Abbas
Hassan Munir
Qazi Muhammad Wasif
Syed Muhammad Umar Shah
Nasir Hameed
Salman Khan
Munawar Ali
Muhammad Safdar
Rahib Sattar
Muhammad Safiyan
Khurram Masih
Syed Shan Ali Zaidi
Shakeel Khan
Ameen Ahmed
Ikram Ullah
Ikhtiar Ali
Syed Ahmad

March

Adeel Humayun
Syed Muhammad Ali
Faisal Imran
Muhammad Imran
Atta Ullah Ghouri
Yasir Arfat
Mansoor Ali
Maqsood Ahmed
Allah Ditta
Zaigham Abbas Meer
Veshal
Shah Fahad
Khurshid Ahmed
Muhammad Wisal Ahmad
Sayyam Haider
Shahkar Rahi

Celebrating our Team’s Special Day!

To all our incredible employees across all Sprint locations—
wishing you a wonderful and joyful birthday!

IRAQ

January

Aftab Ahmad Gulzar
Haval Qasim Fares
Mohammed Youns Salih
Mustafa Sarbast Abdulqader
Omar Fahmi Jamal
Abdullah Abubaker Abdullah
Adil Mumtaz
Araz Nahro Sadeq

February

Safaaldeen S. Nooraldeen
Mariwan Mohsin Ali

March

Muhammad Imran
Muhammad Besharat

KSA

January

Salman Khan
Muhammad Ehsan Rasul
Mohammed Jeseel Cholassery
Althaf Kumbbool Muhammed
Ahmed Shakil Siddiqi
Vijin James
Waleed Hathal S Alshammari
Marwan Saad M Aldarini
Vinu Gomas

February

Sultan Abdulgafoor M Alali
Mohammed Jafar S Al Dhahi
Mahesh Vara Veera Bhadra Pratap Karri
Saleh Adel S Aleid
Abdul Subhan Muneer Basha

March

Noor Jasim H Al Khatim
Francis Alozie Ndinemenu
Abderrahmane Khezzane
Thinesh Muthamil Selvan
Ibrahim Abdullah A Hazazi
Afnan Ahmed Dar
Waqar Muhammad Younas
Thinesh Muthamil Selvan

UAE

January

Mutaz Gassan Mousa Mhabesh
Naeem Yousaf
Gaurav Chhaganlal Pandav
Yogi Syaputra
Rajesh Kumar
Safar Ahammed Meethale Purathiyil
Tarkeshwar Singh

February

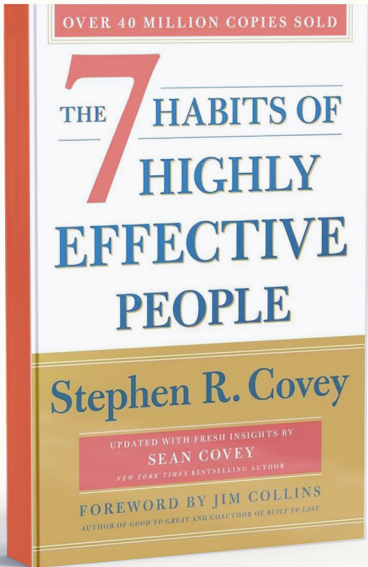
Muhammad Maqsood Ilahi
Mohamed Ahmed Mahdi Ibrahim
Anandhu Sasi
Mohammad Haneesh
Muhammad Shafiq Ur Rehman
Patrice Calma De Jesus
Ali Amir
Abdul Nihal
Omar El Zanaty

March

Rajin Rajapandian Kala Rajapandian
Ammar Shahin
Erik Supriano
Sayed Mohammad Ali Pasha
Mohamed Khalaf Mohamed Elamir
David Raj Panchanathan
Shibin Cholakkal Moideen
Nibin Odukkathil
Matloob Ahmad

Best-seller Books to Read

In today’s rapidly changing world, where distractions are constant and the demands of both work and personal life can feel overwhelming, achieving personal and professional success often seems out of reach. In *The 7 Habits of Highly Effective People*, Stephen R. Covey provides a transformative framework for growth, focusing on timeless principles of integrity, fairness, and proactivity. Covey emphasizes the importance of prioritizing what truly matters, building trust, and fostering meaningful relationships. With practical advice and actionable steps, this book helps you shift your mindset, focus on what you can control, and set a clear path toward lasting success. *The 7 Habits* is an insightful guide to unlocking your full potential and creating meaningful, lasting change in both life and work.



PUZZLE GAME

1 Which plate should be chosen to continue the sequence?

Correct Answer: B
The sum of numbers in every plate is 13, 14, 15 (left to right).

7	3	8
1	2	1
5	9	6

3	2	4
2	7	4
8	5	7

3	1	2
6	7	4
4	6	9

?

A

6	2	1
4	3	7
2	9	8

B

6	4	7
4	5	2
3	5	6

C

2	6	2
3	5	3
8	4	7

D

3	2	1
8	4	7
1	8	7

E

2	2	8
3	3	1
6	9	5

1st

Muhammad Asif

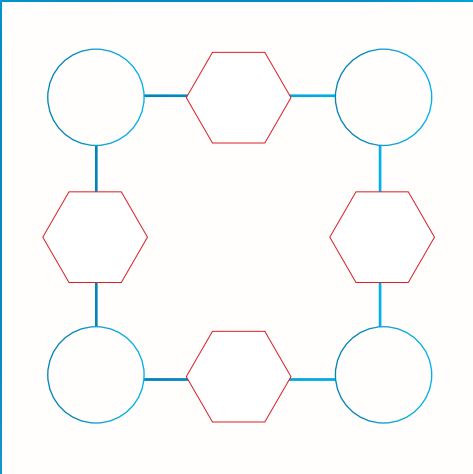
Lead Mechanic Technician in Pakistan

2nd

Bediakoun Paterne Kanga

Technical Fluids Specialist in UAE-Sharjah

2 How would you place the numbers 2, 4, 6, 8, 10, 12, 14, and 16 so that the numbers in the hexagon are equal to the two number in the circles added together on either side?





SPRINT

OIL & GAS SERVICES

PRIMA

REDEFINING LEADERSHIP,
GROWTH AND SUCCESS

Pls contact George Arockia at ageorge@sprint-ae.com
for any concerns or comments regarding Sprint Journal



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